

**DELINE-MED<sup>®</sup>**  
**Tablets & Syrup**

**Dear patient,**

**Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.**

**Information about DELINE-MED**

Each DELINE-MED tablet for oral use contains 5 mg desloratadine with the following excipients: calcium phosphate dibasic, microcrystalline cellulose, croscarmellose sodium and magnesium stearate.

Each 1 mL of DELINE-MED syrup for oral use contains 0.5 mg desloratadine with the following excipients: sucrose, citric acid, methyl paraben, propyl paraben, banana flavor and purified water.

Desloratadine is a second-generation antihistamine; it blocks the action of histamine, a chemical released by the immune system when the body is affected by allergens.

Desloratadine helps control allergic reactions and its symptoms, it has a long-lasting effect and does not cause drowsiness.

DELINE-MED is used in the following cases:

- Relieve symptoms associated with allergic rhinitis in adults, adolescents and children 1 year of age and older. These symptoms include sneezing, runny or itchy nose, itchy, red or watery eyes.
- Relieve symptoms associated with an allergic skin condition called urticaria. These symptoms include skin redness and itching.

**The way to take DELINE-MED**

Take DELINE-MED as directed by your doctor.

DELINE-MED should be taken once daily with or without food.

The usual recommended doses are:

<b>Age</b>	<b>Dose</b>	<b>DELINE-MED tablet</b>	<b>DELINE-MED syrup</b>
Adults and adolescents 12 years of age and older	5 mg once daily	1 tablet once daily	10 mL once daily
Children 6 to 11 years of age	2.5 mg once daily	-	5 mL once daily
Children 1 to 5 years of age	1.25 mg once daily	-	2.5 mL once daily

**Duration of treatment**

The doctor will determine the duration of treatment depending on the severity of the allergic condition. Do not discontinue the treatment without consulting your doctor.

**In case of overdose**

In case of intake of high doses of this medication, inform your doctor at once and seek emergency medical attention.

**In case of missed dose**

If you miss taking your dose on time, take it when you remember. Do not exceed more than one dose in 24 hours.

**Contraindications**

This drug is contraindicated in case of known hypersensitivity to desloratadine or loratadine or to any of the components.

**Precautions**

- Contact your doctor before using this medication in case you have kidney problems, medical or family history of seizures.
- Stop the medication and contact your doctor in case you develop allergic reactions such as swelling of the face, lips, tongue or throat, trouble breathing, rash or itching.
- Consult a pediatrician before using this medication for children younger than 1 year of age.
- Caution should be taken when driving a car or operating dangerous machinery until you know how you respond to the drug.
- It is not recommended to use this medication in case of pregnancy or lactation or planning to become pregnant or breast feed.

**Associations with other medications**

Please inform your doctor if other medicines are being taken or have been taken recently.

**Adverse reactions**

The most reported adverse effects were dry mouth, fatigue, and headache in adults; diarrhea, fever and insomnia in children less than 2 years of age.

Inform your doctor if any side effect appears or becomes bothersome.

**Storage**

Store at controlled room temperature (up to 30°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

**Pack Presentation**

DELIN-MED tablet, desloratadine 5 mg, pack of 30 tablets.

DELIN-MED syrup, desloratadine 0.5 mg /mL, bottle of 120 mL with a dosing cup.

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Manufactured by Mediphar Laboratories -Lebanon